

Live the Scout Law!

A Scout is:

- Trustworthy: Once we get schoolwork from school, complete it!
- Helpful: Write emails or video chat with family members, friends, or neighbors to encourage them to donate to a charity in need, like the Food Bank (<https://gallatinvalleyfoodbank.org/give-help/how-to-donate/>).
- Friendly: Write a note of encouragement, love, or simply one to engage in a conversation, with an elderly community member in a nursing home. Then mail this card to "Any Resident" at any of the facilities in town, like Gallatin County Rest Home (1221 Durston Rd, Bozeman 59715), Hyalite Country Care (6040 S. 3rd Ave, Bozeman 59715), or any other facility of your choice.
- Courteous: Write thank you notes to first responders or to doctors and nurses, who are helping us out in so many ways during this critical time. Notes can be mailed to Firemen/women (here are some addresses: https://www.google.com/search?q=bozeman+fire+departments&rlz=1C1GCEU_enUS885US885&oq=bozeman+fire+departments&aqs=chrome..69i57j0l7.3031j0j7&sourceid=chrome&ie=UTF-8) or to "Any Doctor" or "Any Nurse" at Bozeman Health, 915 Highland Blvd, Bozeman 59715, or to any office of your choice.
- Kind: Call your grandparents or another beloved relative.
- Obedient: Follow the guidelines for Coronavirus provided by the CDC. Info found here: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>
- Cheerful: Support local business by asking a parent to order takeout food one evening for dinner. Shop local if you can. Here is a link to restaurants providing takeout: https://www.bozemandailychronicle.com/coronavirus/bozeman-businesses-offering-takeout-curb-side-service/article_f28f96bb-9952-520d-94b5-01692a5a632d.html
- Thrifty: Conserve your family's resources without hoarding.
- Brave: Don't freak out! What can you do to feel better right now? That is under your control. :)
- Clean: Grab a trashbag and take a walk in your neighborhood and pick up any litter you see. Wash your hands often!
- Reverent: Consider participating in remote church services, if applicable.

Live the Scout Oath!

Learn something new by taking a virtual tour: <https://www.goodhousekeeping.com/life/travel/a31784720/best-virtual-tours/>. Listen to a

free book from Audible: <https://stories.audible.com/start-listen>. Do a YouTube video to get a little exercise: <https://www.youtube.com/watch?v=CbsaJW94V6c>.

Stay fit! A great Kids Workout in 20 minutes.

<https://www.youtube.com/watch?v=CbsaJW94V6c>

Thank you to Katie Daughenbaugh, Troop 619 for this great list.